



Park Life



...working together to build a strong business community

Produced in association with Sutton Winson SUMMER 2016

A few words from the Chairman...

With the summer period upon us and our businesses eagerly awaiting the Referendum disruption to pass to enable us to get back to normal once the market settles down.

Your BID team however continues to work with the appropriate authorities to overcome the different needs of the various types of businesses on what is now a full Business Park.

With regard to the busy Business Park we have challenges, especially inconsiderate parking which is in the form of parking on the pavements preventing a safe passage for pedestrians and those using wheelchairs or with pushchairs; plus parking on grass verges and yellow lines. These are now dealt with by a private ticketing agency so please warn your staff and serial offenders to reconsider their actions.

In addition to this it has now been drawn to my attention by Tim Loughton M.P. that we are now over-spilling into residential streets causing problems for our neighbours this is as you can imagine not at all helpful, so please be considerate of them.

We have been in negotiation with the local Authorities and as you will see in this edition of Park Life we have negotiated additional low cost parking in Brooklands Park. We have also fought hard to keep the free car park opposite Paula Rosa and have a programme in place to report untaxed and abandoned vehicles to the appropriate authorities. This will allow the car park to be used by staff on Lancing Business Park and not for trade purposes.

I guess my message is be more neighbourly!

Finally, please use the web site and discuss any needs or ideas you have to make LBP a better place to work with Mike Nea our Park Warden.

Enjoy the Summer !

Health & Safety Courses

Sutton Winson runs IOSH Managing Safely (4 days) and Working Safely (1 day) courses through out the year.

Dates & locations:

Managing Safely courses

12, 13, 21 & 22 July 2016 - Burgess Hill
11, 12, 20 & 21 October 2016 - Burgess Hill
10, 11, 19 & 20 January 2017 - Twickenham

Working Safely courses

9 September 2016 - Petersfield
7 December 2016 - Burgess Hill
24 February 2017 - Burgess Hill

Covering:

- Risk assessments and the best techniques to mitigate key risks
- The demands of the law, your accountability and how the legal system works
- Identifying hazards, incl. bullying, stress, noise, trips & falls etc.
- How to investigate accidents and incidents
- Basic performance indicators, auditing and proactive measuring.

For:

Managing Safely - Managers and supervisors in any sector, and any organisation. It's designed to get you up to speed on the practical actions you need to take to handle H & S in your teams.

Working Safely - The course is designed for people at any level of an organisation, in any sector – needing grounding in the essentials of Health & Safety.

Trainer:

Martin Coppard, our Risk Manager, is licensed by the Institution of Occupational Safety and Health to deliver this nationally recognised course. The course is run quarterly, with only a limited number of places to get you the attention you truly deserve. Martin also assists our clients with various areas of risk management, including H & S and Business Continuity Planning.

If you have any questions about the course, please call Martin on 0845 688 9088 or email martin.coppard@swib.co.uk.

Cost:

Managing Safely - £550* + VAT per delegate (includes course registration, materials, certificate fees and refreshments).

*Discounts are available where more than 6 places are requested

Working Safely - £175 + VAT per delegate (includes course registration, materials, certificate fees and refreshments).

A new course - Safety for Directors (1 day)

If you are a Director who is unsure about their responsibilities, what and when they should delegate, and how to plan and deliver Health & Safety effectively, then this course will prove extremely helpful.

We have designed a flexible single-day, trainer-led course to prompt discussion and debate around key fiduciary issues. A mixture of presentations, group discussions and exercises led by one of our own Directors. Case studies are used to link the learning with real-life examples and scenarios.

This course sets out the argument for integrating Health & Safety into the business agenda, and the importance of creating and nurturing a strong safety culture. It will increase your awareness around the core aspects of the Health & Safety at Work, etc. Act 1974 and explain the possible consequences - for Directors personally as well as the organisation itself - when things go wrong. You will also find out about:

- The role of auditing
- How to effectively communicate and consult with your staff on safety issues
- What to consider when procuring the services of external parties like contractors.

Cost: £150 + VAT

Worthing Churches Homeless Project



UPDATE ON LANCING BUSINESS PARK CHARITY OF THE YEAR

On Friday 29th April, Worthing Churches Homeless Projects were pleased to have their grand opening of the new Annexe of 6 studio flats recently built as an extension to the Short Term Assessment Hostel. The charity will be able to work with homeless men and women with more complex needs and provide an environment more conducive for their journey out of homelessness. All residents will have their own room and dependent on their needs can either live in the hostel accommodation or self-contained studio flats; both options are supported by staff 24 hours a day and 7 days a week.

The opening ceremony was attended by the Leader of the Worthing Council as well as local councillors, the charity's volunteers, staff, supporters and the Mayor had the pleasure of pronouncing the Annexe officially open.

Worthing Churches Homeless Projects worked with over 1,100 men and women in the local community over the last year. Nationally rough sleeper figures increased last year by 30% but locally there has been no increase down to the efforts of Worthing Churches Homeless Projects, the local councils and other local agencies.

Traveller Update

Lancing Business Park BID Committee has been working with Adur & Worthing Councils, West Sussex County Council and Sussex Police to help prevent traveller incursions on the Business Park.

During 2013 and 2014 the Business Park experienced 3 major traveller incursions which had a considerable impact on business operations and parking facilities, with the loss of Marlborough Road car park on two occasions.

A major initiative implemented is the Westhampnett Gypsy and Traveller transit site at Chichester, which was opened in March 2015. The existence

of this short-stay site, gives the Police powers to escort travellers out of the county if they refuse to relocate to the transit site, reducing disruption to communities and providing police with greater powers to take action.

A second initiative is the decommissioning of the north end of Lyons Way, Worthing. This was designed to prevent recurring traveller incursions which often led to further incursion in the local area, especially over the Easter period and bank holiday weekends.

LBP have also established a traveller text alert system across the Business Park which enables reporting of

traveller incursions to ensure swift action is taken. Please contact Linda Stopp – LBP Coordinator if you would like details of the text alert system.

We are very pleased to report that since these measures have been implemented, the Business Park has not suffered from any further traveller incursions and long may this continue. Please help us by continuing to report any suspected traveller incursions as quickly as possible, so that appropriate action can be taken.

Albion in the Community

Events coming up with Albion in the Community

Golf Day

Friday 1st July

We have very limited places left for our annual Golf Day hosted at East Sussex National Golf Resort in Uckfield. Enjoy a day which includes breakfast, 18-holes, light lunch sponsored by Piglets Pies, three course evening meal and the chance to win one of four citizen watches, kindly donated by James Ross Jewellers. Teams of four are only £700.

Footgolf

Thursday 7th July

Join us at the all new footgolf course at Mid Sussex Golf Club in Ditchling. Get a team of four together and have your chance to win the AITC cup. Teams are £40 with 50% going directly to Albion in the Community.

Little Big Giant

Sunday 24th July

We have joined forces with Mr Cycles in Seaford and Giant in Shoreham to produce a one day cycling event. Leaving from the American Express Community stadium choose from 25, 50 or 75-mile routes heading out into the High Weald before circling back to the stadium. Places start at £25 and include chip timing, refreshment stops, free parking, medal, certificate and exclusive offers at Giant and Mr Cycles. Group discounts are available for 4 or more riders.



Albion in the
Community
Giving people a chance

25
YEARS

FOOTGOLF TOURNAMENT

Join us for a round of footgolf and help
raise money for disability sport in Sussex.



Thursday 7 July, 6.30 – 8pm
Mid Sussex Golf Club, Ditchling

Nine holes

£10 per person (teams of four)

To book, contact: fundraising@albioninthecommunity.org.uk

AMAZING COMPETITION + AMAZING PRIZES

KART CHAMPS

TEAMSPORT CHAMPIONSHIPS

WHO WILL BE THE KARTING CHAMPION?

2016

ROUND 1

Set 2 lap times between 1st May and 30th June
set 1 more in July*

ROUND 2 UNLIMITED TRACK ATTACK

The ultimate format to set your personal best lap time. Blue flags for lapped drivers and black flags for drivers who cause yellow conditions. Combine your fastest lap time in each of your 5 sessions. Fastest from each category from each night will qualify for the final

ROUND 3 GRAND FINAL

The finals will be held in August and September. There will be a 16 finals one for each of the categories. 5 minute practise followed by a hot lap qualifying then the drivers will be put into races with a spread of ability.



@KARTING
/BEATBRUCE

Bidvest Foodservice Boosts Local Jobs

Leading foodservice provider, Bidvest Foodservice, is creating almost 50 new jobs through its relocation to a new, purpose-built facility at Lancing Business Park.

Forty-eight new positions will include roles such as stock controllers, drivers, admin clerks and telesales.

Each of the 104 employees at Bidvest Foodservice's existing site at King Edward Avenue will be moving to Lancing Business Park, including Denise Gardner (admin clerk) and James Cassidy (driver), who are celebrating their 45th and 43rd years respectively working for the company.

Also moving to the new site is award-winner Michelle Priestman, who was a runner up for the prestigious Gold Medal Depot Team Member accolade at the FWD Awards in November, which is highly regarded throughout the wholesale industry.

Steve Whitwam, General Manager at Bidvest Foodservice's Lancing depot commented: "We're excited to be moving to a bigger facility that will help us serve customers in the area with an even greater range of products and offer an even better level of service, which already include locally sourced ranges from suppliers including Olove and Life Water.



"Plus, we're naturally delighted about expanding our workforce in Worthing by almost 50 per cent and the extra boost this will hopefully give to the local economy."

Bidvest will be holding open days nearer the opening date so that members of Lancing Business Park can view the depot.



Rampion Offshore Wind Farm

The Rampion onshore cable ducting installation is progressing well, with around 45% of the route now installed. Two of the four Horizontal Directional Drills (at the A27 and River Adur) have also been completed and work on the drill underneath the railway is now in progress. Further south, fencing has been erected at Brooklands Pleasure Park to mark out the compound area activity.

The car park is currently closed while an access point into the compound is built and Carillion Utility Services have already started the preparatory work.

Drilling contractors Volker Infra will then be able to use the compound area to set up equipment for the drill underneath the A259 and the beach. This planned to start mid-May, but is subject to change as work is co-ordinated with offshore construction activity.



Wickers Gymnastics OPEN DAY FOR ALL

17th July 2016

WICKERS

11am-12pm 4-5 years
12:15pm-1:15pm 6-7 years
2pm-3pm 7-8 years
3:15pm-4:15pm 9+ years

Booking is essential!

If you are on our waiting list or just want to have a go please contact us to book a time slot.
Children must be in full time school to attend the open day! (4 years +)

01903 752503

wickersgymnasticsclub@hotmail.co.uk

£5

Parking Permit Woes?

Lancing Business Park BID Committee has been working with Adur & Worthing Council to increase parking provision for those on the business park. The Council have launched an annual season ticket scheme to provide additional car parking for businesses and their staff at Brooklands. Season tickets are available for business to share across their company/staff vehicles or staff can individually purchase their own season ticket. The following allocations have been launched:

- 20 spaces in the top car park opposite Commerce Way: £300 pa (£25.00 pm)
- 59 spaces in the car park next to the BP garage on the seafront: £200 pa (£16.66 pm)

The tickets can be used 24 hours a day, 7 days a week and can be paid monthly by direct debit. For further information please contact lindastopp@lancingbusinesspark.co.uk or admin@lancingbusinesspark.co.uk.

Get the most with South Coast.



South Coast Gym, Unit 7, Chartwell Business Centre, 42 Chartwell Road,
Lancing Business Park, Lancing BN15 8FB

Tel: 01903 764955 Email: info@southcoastgym.com Web: southcoastgym.com

South Coast Gym have recently started offering group exercises classes between 11.30-1.30 which varies between circuit training, yoga, boxercise and HIIT (high intensity interval training).

Our aim is to make everyone in the industrial estate fitter and healthier and with your help we can do this.

What we are offering you:

- Corporate discount on memberships
- Group exercise classes for your staff
- Nutritional help via emails and staff notices
- Six weeks of varied classes with times to suit the company
- Postural assessment and correction for those with back pain or skeletal pains.

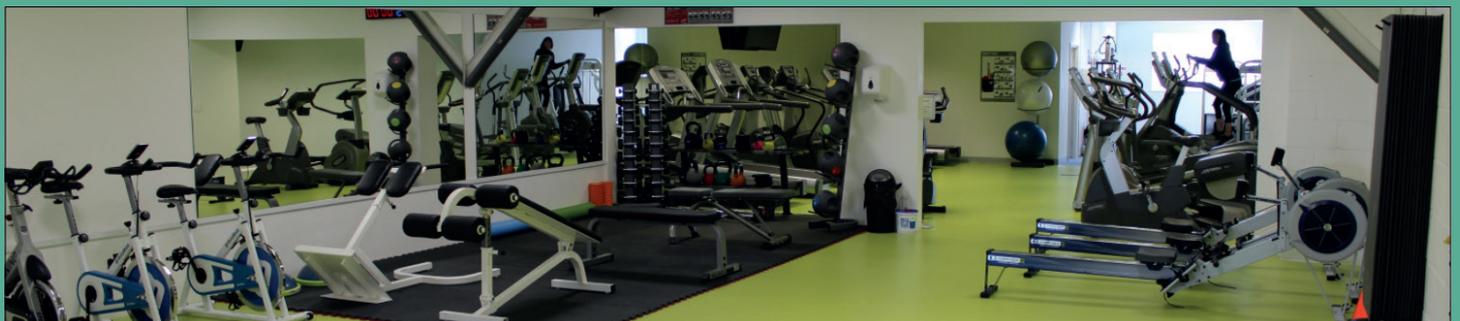
Payment options:

- Company pays for the course.
- Company pays half and attendees pay half.
- Staff pay for the course, pay as you go.

Two of the highest ranked causes of sickness for employees are back and musculoskeletal pains, as well as stress and mental health problems. By keeping employees active through exercise and healthier eating alternatives will dramatically reduce these symptoms.

Over the course we will aim to make your employees fitter and healthier through the classes we provide. Also we will supply your employees with handouts and emails on types of foods and alternatives to help them improve their lifestyle whilst increasing natural energy levels and reducing fatigue throughout the day.

For more information on how we can help you and your team please call 01903 764955 or email info@southcoastgym.com.

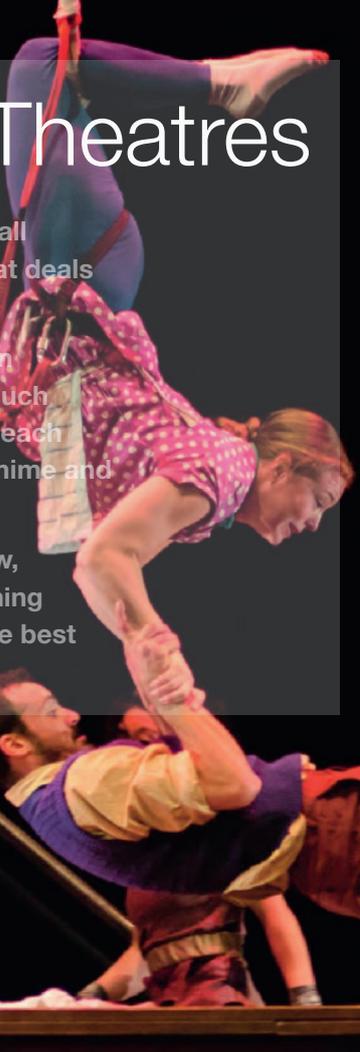


Worthing Theatres

Worthing Theatre are offering all Business Park employees great deals on lots of incredible events.

They offer bespoke deals when booking in groups for shows such as Gorilla Circus on Lancing Beach Green, their Christmas Pantomime and Summer of Circus.

If anyone wishes to see a show, contact Mark Gordon at Worthing Theatres so he can arrange the best deal for you.



JACKSONS LANE PRESENTS LOST IN TRANSLATION CIRCUS **THE HOGWALLOPS**

The Hogwallops are a family of misfits. It is Grandpa's birthday. He loves bananas and so after the housework is done, the family get together to make him a birthday cake - banana flavoured of course!

Lost In Translation Circus takes its inspiration from its name and focuses on combining circus with theatre, movement and live music.

The Hogwallops tells the story of a typical family, with awe-inspiring circus skills and a live original score.

8 & 9 JULY
PAVILION THEATRE
2.30PM (SAT), 7.30PM

£15.50
CONCS / STUDENTS £14
FWT £12.50
FAMILY OF 4 £48

ALL AGES, 55 MINS



"WHAT MAKES IT SO SPECIAL IS THAT IT NEVER LETS UP"

FEST MAGAZINE

Welcome onto the Quoin Estate

Welcome onto the Quoin Estate, Headset Services Limited and Clement Clarke Communications Limited who have moved into Unit 8, The Quoin Estate.

Both companies are owned by MEL Aviation who are based in Sudbury in Suffolk. Both companies are overseen by Arnold Pinto who typically spends a couple of days a week with in Lancing. The best way to describe Headset Services is as a "value added distributor". Primarily selling headsets that airline pilots wear to airlines and individual pilots. They also sell the comms equipment protection helmets used by the Police Air Support units, Air Ambulances and Air-Sea Rescue, air traffic control headsets and airport ground crew headsets, extension leads and adaptors.

They provide a warranty repair service for two major manufacturers of aviation headsets (Bose and David Clark) and servicing for the equipment they sell and other similar equipment. Accredited by the CAA to issue airworthiness certification where required after such servicing. They are able to provide bespoke headset adaptation and adaptor leads typically used in demanding aviation and broadcast applications. Clement Clarke Communications is a headset manufacturing company specialising in Air Traffic Control and a number of military applications.

More information can be obtained from our websites:
www.headsetservices.com www.c3headsets.co www.themelgroup.co.uk

Regards, Philip Williams

OUR SPONSORS:



If you're interested in featuring or advertising in this newsletter, please email lindastopp@lancingbusinesspark.co.uk

